

OVERBROOK



OVERLOOK

OVERBROOK UNITED METHODIST  
CHURCH



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Vision Statement: Living God's love in our community.

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Overbrook, Kansas 66524  
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Permit No. 2

**MISSION STATEMENT**

The Overbrook United Methodist Church is a vibrant family of believers who know, love and serve God by making God's Love known in our community, LEADING People to Christ, FOSTERING Spiritual Growth, and MINISTERING to the World.



# Joys & Concerns

**Five Rivers District Prayer Calendar** —We will pray for (April 3) Richmond/Princeton, (April 10) Plum Creek, (April 17) Kincaid Selma/Welda, (April 24) Garnett.

That God will strengthen our Church by God's Spirit.

- ◆ That Christ will dwell in our hearts by faith.
- ◆ That we will be rooted and established in love.
- ◆ **Brookside Retirement Community:**  
Ramona Anshutz, Pauline George, Leslie Greenfield.

**LaVon Harris 2**

**Trevor Jones 3**

**Gabe Rose 5**

**Charlotte Harmison 8**

**Elaina Boyd 8**

**Korbyn Todd 11**

**Jasmine Benham 13**

**Rosemary Topping 13**

**Linda McGinnis 15**

**Harlan Hamman 16**

**Trudy Anshutz 17**

**Aaron Boyd 19**

**Ashton Frye 20**

**Luke Thompson 20**

**Patty Cooper 20**

**Cliff O'Bryhim 22**

**Lois Schultz 25**



**Edward & Cheri Harmison 14**

**Gayle & Emma Warren 24**

**Alex & Natasha Dahl 25**

May 2022 **OVERLOOK** Deadline!  
Tuesday April 19th at 12:00 pm. (noon).

# Joys & Concerns

- ◆ Evelyn Musick family
- ◆ David Florance recovery from surgery.
- ◆ The Jon Wilhite Family
- ◆ Lindsay & Aaron Kuhl family. Lindsay is five months pregnant with second child. It has been determined the unborn child has a malformation of the heart. Surgery will follow shortly after birth and again at 4 months. With many surgeries to follow until adulthood. Lindsay is the granddaughter of Judy Marten and Gayle & Emma Warren.
- ◆ Dean Supple's cousin Judith Powell having battled cancer and heart disease her heart is only working 20-25 %.
- ◆ Judy and Larry Maddux daughter Sarah Calderon, prayers for healing health.
- ◆ Peggy Fortenberry cancer treatments.
- ◆ Billie Jo Gerisch father, Kevin Smith stage 3 cirrhosis of the liver.
- ◆ Michelle Curtis ongoing ovaries cancer treatment.



## Small Group News

### ***MEN'S GROUP***

All men are invited to the OUMC Men's Group Bible study on the **2nd & 4th Saturdays** of the month at **7:00 am**.

### ***WOMEN'S GROUP***

Women's Group - **1st and 3rd Saturdays at 10 AM**. The group is open to all women!

### ***4F GATHERING***

#### ***QUARTERS OF KINDNESS***

Our 4F Group continues to support our community through our "Quarters of Kindness" program. Deposit your quarters in the quarter tube and other change and monetary donations in the jar in the Sanctuary. The group will randomly surprise our community with support. Some current ideas include: Paying for laundry at the low income housing, and gas/food gift cards for Casey's. If you have any ideas please let Jessica Frye know or if you know of someone connected to our community or church that can use fuel assistance.



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**Living God's love in our community.**  
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# NEWS

## *From Our Church*

**Help House** is in need toothpaste, toothbrushes. Deodorant, shampoo, rinse, body wash, bath soap, body lotion and any personal items.

**Please let the Church** office know, if you have had a baby, grandbaby, great-grand baby etc.

**Please remember** to check on all of our shut-ins. As this is a difficult time for everyone, however more difficult for the ones that are shut-in.

**UPDATES to Joys & Concerns:** If you have any updates, additions, or corrections please contact the church office and let Charleen know.



Continued:

Just like you can help a child learn to walk, ride a bike, and drive a car, you can help a child navigate through the difficulties of life by teaching them to integrate his/her brain. We need the 'logical' left side of the brain to communicate with the 'emotional' right. This is hard for our kids. We don't automatically know how to do this, and their brains aren't even fully developed until sometime in their mid-twenties. So, they need our help.

Join us on Saturday, April 30 from 9:30 - 11:30am. While the younger kids in our lives spend time on their own activities in another part of the church, parents, grandparents, caregivers will explore the ideas of Emotional Intelligence and the ways we can help teach our kids to combine logic and emotion to integrate their brains. This study will be led by Carmalyn Lashley, a licensed Marriage and Family Therapist with a private practice in Mission, Kansas.

It's a way to turn those hardest parenting moments into learning moments and improve our children's decision making, control of body and emotion, and relationships.

Submitted by Carmalyn Lashley

## Helping a child (and yourself) through difficult moments

Every child has difficult times no matter their age. It's the meltdown at the restaurant, a tantrum at the store, hysterical tears when they didn't get the solo at school, ranting and slamming doors when their friends exclude them, a week of sulking and self-doubt when they get a lower score on a test than they expected. These are all situations with big emotions that our kids can get stuck in. As different as the situations look because of the obvious age differences and the kid's activities, the same basic principle is behind the reactions in each of these events. Something has happened and our child is flooded with big emotions and they don't know what to do with them. Instead of feeling helpless, embarrassed, or frustrated in these moments, there are things we can do to help the children in our lives through those difficult moments.

Our brains have different parts, and those different parts have different jobs. When those parts work together, we understand ourselves, other's around us, and our experiences. We're not getting the candy bar at the store because we have cake waiting for us at home. Of course, we may be sad about that...even frustrated, and it does make sense. We like the cake. When we have too many sweets our tummy can hurt. Logic and emotion work well when they work together. When one part of the brain takes over and isn't communicating with the other...well, that's when the stage is set for a meltdown.

## SAFE GATHERINGS

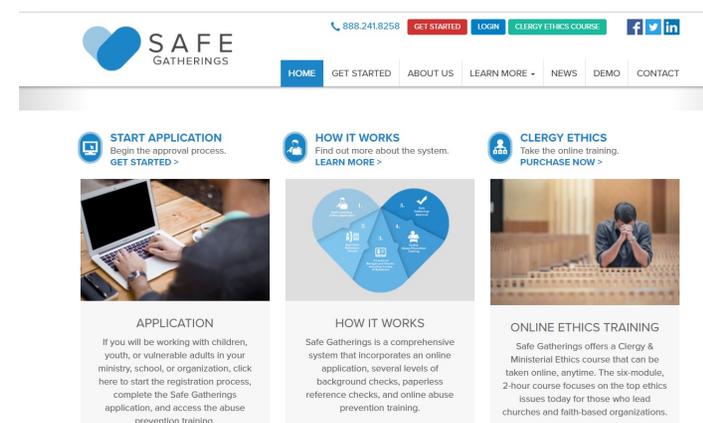
Safe Gatherings began in 2012 as a project to assist the Kansas East UMC Conference (now part of the Great Plains UMC Conference) in taking advantage of technology to automate their paper-intensive protection program.

Fueled by a passion for protecting vulnerable populations, we created an online tool to streamline the process and make it easier for the Conference and the churches they serve—and in doing so launched Safe Gatherings.

After a year of enhancing the system, Safe Gatherings expanded to other United Methodist churches and conferences, and then to other denominations. In 2015, Safe Gatherings started working with other organizations that serve children, youth, and vulnerable adults, such as schools and community organizations. The focus has always been abuse prevention through a system of checks and balances.

Safe Gatherings now serves more than 9,000 churches and organizations across 42 states, including multiple denominations.

This is what the page looks like you will click on start the application and follow the on screen directions. If you have problems you can call the office and I'll try to help you.



Here is the link to their web page: <https://Safe Gatherings.com>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b> 7:00 am TOPS 10:00 am Women's Group
<b>3</b> <b>Communion</b> 9:00 am Sunday School 10:00 am Worship Service	<b>4</b> 7:00 pm —Finance Meeting	<b>5</b> 2:30 pm—Worship at Brookside 6:00 pm Women's Dominos 7:00 pm Cancer Support Group 7:00 pm—Boy Scouts	<b>6</b> 7:00 pm—Choir practice	<b>7</b>	<b>8</b>	<b>9</b> 7:00 am Men's Group 7:00 am TOPS Community Clean-up in Christian Love
<b>10</b> <b>Palm Sunday</b> 9:00 am Sunday School 10:00 am Worship Service	<b>11</b> 7:00 pm—Trustees Meeting	<b>12</b> 2:30 pm—Worship at Brookside 7:00 pm—SPRC Meeting 7:00 pm—Boy Scouts	<b>13</b> 7:00 pm—Choir practice	<b>14</b> 6:30 pm -Maundy Thursday Service	<b>15</b> 7:00pm—Good Friday Service	<b>16</b> 7:00 am TOPS 10:00 am Women's Group
<b>17</b> <b>Easter Sunday</b> 6:30 am Sunrise Easter Service 9:00 am Sunday School 10:00 am Worship Service 11:00 am Church Council meeting	<b>18</b> <b>Office Closed</b>	<b>19</b> 2:30 pm—Worship at Brookside 5:30 pm Tuesday Table 7:00 pm—Boy Scouts	<b>20</b> 7:00 pm—Choir practice	<b>21</b>	<b>22</b>	<b>23</b> 7:00 am Men's Group 7:00 am TOPS
<b>24</b> 9:00 am Sunday School 10:00 am Worship Service	<b>25</b>	<b>26</b> 2:30 pm—Worship at Brookside 7:00 pm—Boy Scouts	<b>27</b> 7:00 pm—Choir practice	<b>28</b>	<b>29</b>	<b>30</b> 7:00 am TOPS 9:30 am—Reset—Energize—Shine